

Ageing with HIV Project



Community driven project focusing on the 'Life-cycle perspective' of living with HIV:

Three phases:

- ❖ **Children and adolescents**
- ❖ **18-50 years, living with HIV/AIDS for at least 10 years**
- ❖ **50+ years**

Target audience: Patient community, researchers, healthcare providers and other key stakeholders

Activities: Conferences, webinars and online resources

Duration: 2015-2018

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What is meant by 'ageing' in this context?

- Advancement in treatment → HIV considered as **chronic condition** with higher life expectancy
 - Specific physical (co-morbidities, side-effects of long-term treatment) , psycho-social (stigma & discrimination etc.) and mental (depression, anxiety ...) **challenges to health and well-being due to HIV, medication, ageing,...** which affect each other
- => Importance of further exploring the **quality of life** of PLHIV and to start implementing strategies to improve health longer term

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The Ageing with HIV project focuses on the **unmet needs and challenges** of PLHIV/AIDS:

- To **increase knowledge** on HIV and ageing
- To **raise awareness** regarding the clinical and psychosocial needs of PLHIV/AIDS at different stages in their lives
- To provide **networking opportunities** for establishing collaborative efforts to address and advocate for priorities in the HIV and ageing domain

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3 Conferences (and webinars) + multistakeholders meeting:

1. New challenges and unmet needs of people living with HIV/AIDS aged **50+**, **Berlin**, Germany, 31 March – 3 April 2016
 2. New challenges and unmet needs of children and adolescents living and ageing with HIV/AIDS (aged **0-25**), **Bucharest**, Romania, 19 - 22 January 2017
 3. New challenges and unmet needs of people living and ageing with HIV/AIDS aged **18-50** - Quality of Life and Preventive Healthcare, **Kyiv**, Ukraine, 3-6 May 2018
- 286 participants in total
 - Over 250 have accessed webinars online + many more on social media (up to 5,000 posts for each conference)