



European
AIDS Treatment
Group



Overview of the Ageing with HIV project

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Development of the project

- In March 2015 an “Ageing Positively with HIV - A Lifecycle Approach” concept was developed
 - 3 seminar project on ≠ age groups
 - Linkage to webinars
 - Linkage to other initiatives about ageing, HIV Outcomes ...
- In December 2015 a kick off meeting took place for the first phase
- First conference organised 31 March – 2 April 2016 in Berlin, Germany
- Second conference organised 19 – 22 January 2017 in Bucharest, Romania

Aims

- To increase the patients' community, healthcare providers and other key stakeholders' knowledge on HIV and Ageing clinical and psychosocial related aspects in a lifecycle perspective.
- To identify and raise awareness regarding unmet care needs for PLHIV/AIDS in a lifecycle perspective within the patients' community, healthcare providers, researchers and other key stakeholders.
- To provide networking opportunities and to enhance collaborative efforts to advocate for priorities in the HIV and ageing domain in a lifecycle perspective including co-morbidities and geriatric medicine.

First conference: New Challenges and Unmet Needs of People Living With HIV/AIDS Aged 50+

- First introductory webinar on Ageing with HIV in comparison with the general population (27 January 2016)
- Second webinar on Cohorts – What do we know so far? (4 March 2016)

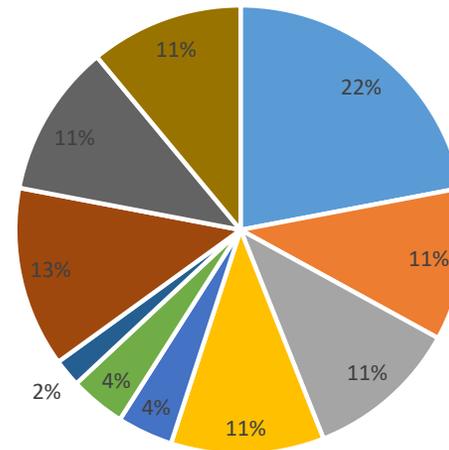
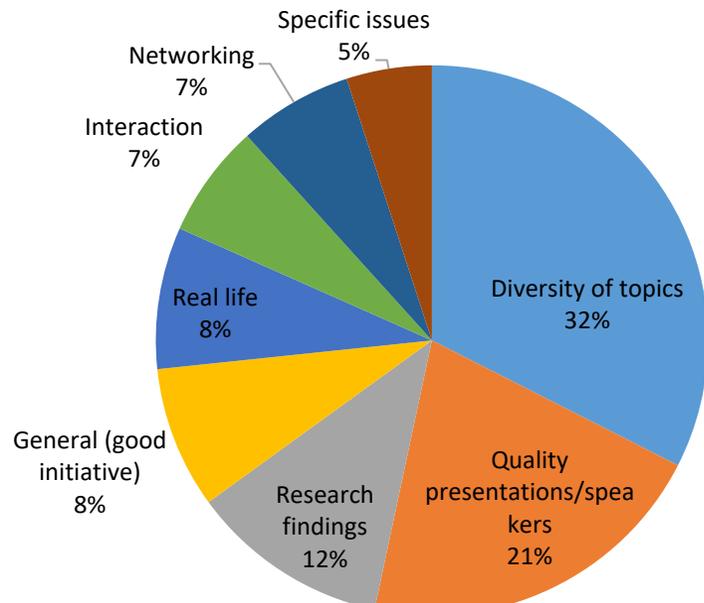
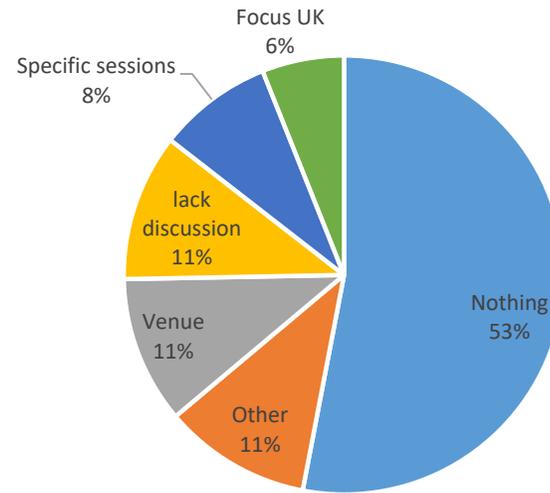
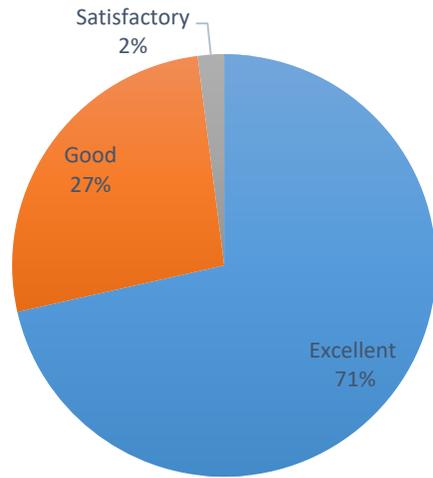
The conference

- The three-day event had **85 participants**
- The EATG website reached **8,669 people**
- **781 people** engaged on the webpage

First conference: topics

- A range of topics were outlined:
 - Testing 50+
 - Co-morbidities and co-infections
 - Disclosure and stigma in healthcare
 - Medicines 50+
 - Mental health and neurocognitive abilities
 - Specific groups; drugs, migration, transgender, women's issues.
 - Wellbeing and quality of life.
 - Health policies and social care 50+
 - Palliative and end of life care
 - Research gaps

First conference: feedback



- Lack data/research
- Community role/advocacy
- Holistic approaches
- info polypharmacy/comorbidities
- lack GIPA in research
- lack policies
- Imp testing
- Lifestyle/quality of life
- Services/quality of care
- Other

First conference: main findings

Gaps in Science

- Research gap on how to manage the issues raised at this conference and agency (the capacity to concert power).
- How do we put theories into practice e.g. how to develop a patient centered approach? Older people find it difficult to challenge clinicians, they need empowerment through advocacy.
- Improve the access to treatment by looking at monotherapy rather than fixed dose combination.

Gaps in Policy

- Mapping the social care requirements for the future in Europe.
- Building partnerships with agencies across Europe.
- How to replicate best practice from western to eastern Europe

Gaps in Science

- Training of doctors & nurses to ensure they have the HIV knowledge and who would fund it.
- Community activism, how do we raise the voice of people with HIV in Eastern Europe.
- Stigma and discrimination, key populations and under-represented groups, learn from the Stigma Index models undertaken across Europe.

Second conference: New challenges and unmet needs of children and adolescents living and ageing with HIV/AIDS

- First webinar on « Introduction to Ageing with HIV Phase 2 – Epidemiological Background” on 7 October 2016
- Second webinar on learning outcomes on 30 March 2017

The conference

- The event welcomed 104 attendees from 30 different countries, from all parts of Europe and Central Asia, the US, Africa and Latin America
- 51% of the participants were under 30 years old; 34% of them under 26
- The Ageing with HIV website reached **19,931 visitors**.
- Over **4,300 persons** were engaged through social media during the conference

Second conference: topics

A range of topics were outlined:

- Anxiety & depression
- ART & pharmacology
- Co-infections and co-morbidities
- Cure
- Disclosure and stigma in healthcare
- Family dynamics
- Health policies and social care
- Mental health
- PrEP & PEP
- Sexual health
- Testing
- Wellbeing and quality of life

Second conference: feedback

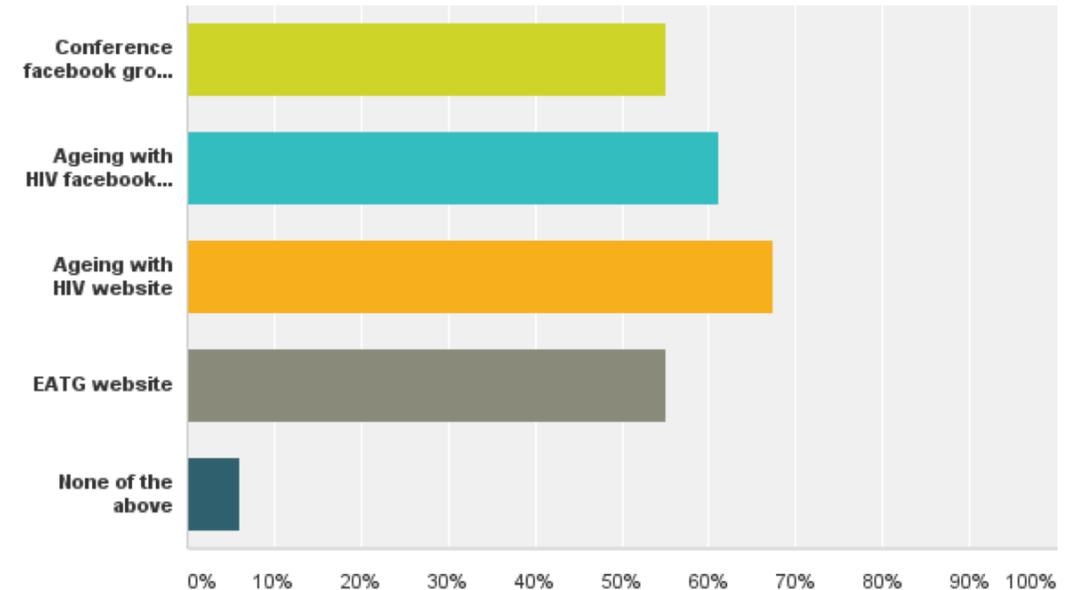
Quality of the conference programme

Answer Choices	Responses	
Excellent	65.31%	32
Good	34.69%	17
Satisfactory	0.00%	0
Poor	0.00%	0
Total		49

Quality of the speakers and their presentations

Answer Choices	Responses	
Excellent	63.27%	31
Good	36.73%	18
Satisfactory	0.00%	0
Poor	0.00%	0
Total		49

Online tools accessed before or during the conference?



Where these tools useful?

Especially, the Facebook group was really helpful. Ageing with HIV website has great webinars
facebook group
I was tweeting a lot and also posting on facebook.
I watched the webinar
Twitter
Very useful. I found each information I was searching for.
Yes. I could check past presentations.

Second conference: main findings

OBSERVATIONS

- Importance of further research in paediatric HIV
- Early testing and treatment work
- Peer support and education work
- Adherence is crucial
- Undetectable = non-infectious
- Tailor the HIV response for various settings in WHO Europe 53
- Almost two-thirds of new HIV infections in Europe are in Russia: mainly PWID, sex work related, and MSM (followed by Ukraine and Uzbekistan.)

ACTIONS

- ARV medicines for children
- Pharmacology in children
- Drug-drug interactions
- Co-morbidities in children and adolescents
- HIV cure research
- Scale up testing, e.g., out-of-hospital, in young people's NGOs & outreach events; self-testing, lay/peer-testing;
- Prioritise education and networking, e.g., treatment literacy, child protection, anti-stigma, mental health;
- Expand youth peer support, e.g., pre-test information sharing, adherence, psychosocial support, buddy and mentoring projects;
- Challenge laws & practices that block youth access to testing and treatment, e.g., consent, centralised testing;
- Increase collaboration with PWID, sex work and MSM partner organisations in Russia and Ukraine

Third conference: New challenges and unmet needs of people aged 18 – 50 living and ageing with HIV/AIDS

Welcome to Kyiv!



Who is here?

- We have 94 participants confirmed
- 28 countries represented

Where do we go from here??

Written policy recommendations addressing the clinical, psychological and social needs of PLHIV/AIDS according to the specific needs identified in each age band. It is intended that the policy recommendations may be used as contribution to the future development of standards of care for PLHIV in the ageing domain.