

# Ageing with HIV Project

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**Age group:** 18-50 years

**Conference:** New challenges and unmet needs of people living and ageing with HIV/AIDS aged 18-50  
- Quality of Life and Preventive Healthcare, Kyiv, Ukraine, 3-6 May 2018

## Key findings:

- **Getting the viral load to undetectable is just the beginning**  
Extensive list of key issues emphasizes that many needs of PLWH are not sufficiently met.
- **Patient Reported Outcome Measures (PROMS)**  
Outcome measures like the WHO 90-90-90 goals are objective and can be easily measured. But they focus on ART and viral load metrics, and completely ignore other outcome measures.
- **More holistic patient-centered approach to health and well-being**  
These issues span the full breadth of human well-being, from physical well-being, through psychological, to social well-being. These aspects of well-being are strongly interconnected: achieving successful interventions in any of these areas depend on the person doing well in the other areas.