

# Ageing with HIV Project – 18-50 years



## Phase: 18-50 years

**Conference:** New challenges and unmet needs of people living and ageing with HIV/AIDS aged 18-50 - Quality of Life and Preventive Healthcare, Kyiv, Ukraine, 3-6 May 2018

## Topics:

- Ageing with comorbidities
- ART adherence and drug use
- Looking at beyond viral suppression
- Cervical and anal screening
- Chemsex
- Cure
- Diagnostics
- Drug interactions
- Family dynamics
- HIV and exercise
- Integrated care
- Mental health
- Multi-vulnerable populations
- Neurocognitive impairment
- Oral health
- Patient related outcome measures
- Psychosocial well being
- Quality of life
- Reproductive health
- Sexual health
- Technology and management of HIV
- Transgender health
- Undetectable = Untransmittable
- Wellbeing and quality of life



# Ageing with HIV 18-50 years: Main findings

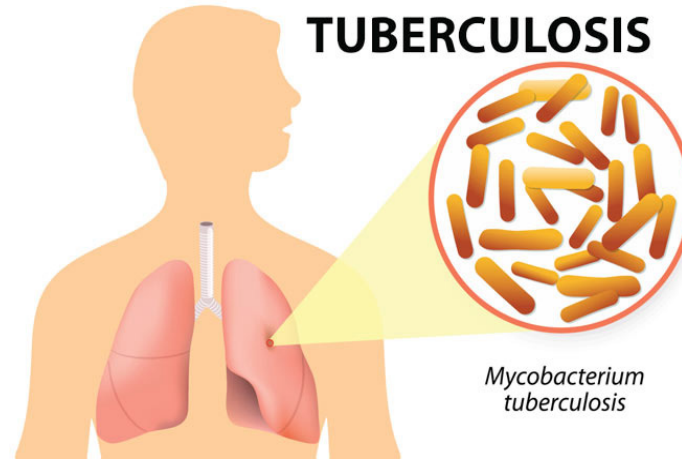


- Co-morbidities – need for preventative screening
- Mental health and suicide
- Vulnerable groups: IDUs, migrants, trans people, sex workers
  - Face stigma and discrimination
- Women living with HIV: pregnancy, motherhood, intimate partner violence
- Constant need for updated knowledge on HIV (e.g. U=U) for all stakeholders
- Fragmented health and social care systems
- Quality of Life - Patient Related Outcome Measures (PROMS) that include also lifestyles, family and social circumstances
- Standards of care, international guidelines need to be improved



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# Life reducing issues



Mental illness is not  
a personal failure.



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# Life improving issues

- Access to preventative programmes
- Reduced cost of care
- Lifestyle changes
- Improved work opportunities
- Training and information
- Women and pregnancy
- Co-morbidity management



HEALTHY LIFESTYLE



# Ageing with HIV 18-50 years: Main findings

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## **Clinical needs:**

- Integrated models of care - Co-morbidities, mental health.
- Clinical research - Women living with HIV, transgender, sex workers
- Confidential history taking e.g. Chemsex, vulnerable groups.

## **Community needs:**

- Reduce fragmented health and social care systems
- Rights and access to care: IDUs, migrants, trans people, sex workers.
- Quality of care – basic human needs and improved reporting systems.

# Ageing with HIV 18-50 years: Recommendations

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**Co-morbidities: Prevention and Increased screening**

**Mental health: Integrated models of care**

**Vulnerable groups: Access to care and human rights issues**

**Women: Clinical research needs & peer mentors**

**Information & knowledge: Access to technology and literature**

**Health systems: Adopt U=U message and report outcomes**

**Quality of life: Encourage healthier lifestyles**

# Ageing with HIV 18-50 years: Recommendations

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## How?

- Challenge policy makers at the highest level
- Challenge and campaign to reduce stigma and discrimination
- Integrated models of care
- Vulnerable groups: Treatment, prevention and human rights issues
- Women: Clinical research needs & peer mentors
- Information & knowledge: Access to technology and literature
- Health systems: Adopt U=U message and report outcomes
- Quality of life: Encourage healthier lifestyles

Access to care

Mental health

Train and educate

Develop Patient Reported Outcome Measures (PROMS)

AND: Increase research and CURE





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**THANK YOU TO ALL WHO PARTICIPATED IN THE  
AGEING WITH HIV PROJECT**

