

# **HEPATITIS C / HIV & AGING**

**NEW DRUGS FOR OLD (ER) PEOPLE**

**EATG BERLIN 2016**

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# **OVERVIEW**

**Aging & the liver**

**Aging & HCV**

**Aging & HIV/HCV**

**HIV & polypharmacy**

**Drug-drug interactions**

**HIV/HCV clinical trials in people >50**

**New drugs in the pipeline**

# **GLOSSARY**

**DAA** = direct-acting antivirals; HCV drugs

**DDI** = drug-drug interaction

**HCC**= hepatocellular carcinoma; liver cancer

**HCV** = hepatitis C virus

**NAFLD** = non-alcoholic fatty liver disease;  
excessive fat in the liver- can lead to NASH

**NASH** = excessive fat in the liver, with  
inflammation and cell damage

**RAV** = resistance-associated variant

# AGING & THE LIVER

## BAD NEWS & GOOD NEWS

- Vicious cycle: stress/response → liver cell senescence (to reduce cancer risk) → liver dysfunction
- Increases vulnerability to hepatic metabolic disorders (NAFLD, NASH) that lead to cirrhosis and HCC

**BUT: HCC incidence dramatically decreases among people >70**

# AGING & HCV

## Liver damage from HCV worsens w/aging

- Thymus slowdown
- Duration of infection
- Lifestyle
- Common comorbidities (steatosis, obesity, metabolic disorders)

**For women, menopause-related estrogen loss increases vulnerability to NAFLD, HCC and liver damage from HCV**

# **HCV EPI**

**In the US and Western Europe, ~70%  
of HCV cases among people born  
between 1945 -- 1965**

# **HIV/HCV & AGING**

**Menopausal women with HIV//HCV are at risk for rapidly-worsening liver disease**

**Aging increases the risk of drug-related liver injury -- and older people are likely to be taking more medications**

**Some ARVs can be hard on the liver, especially “d” drugs, AZT, nevirapine, tipranavir, maraviroc**

Nasta; Acta Biomend 2011; Sesion, Deckx; AIDS Rev 2015; Tajiri, Shimizu; World J Gastroenterol 2013

# **HIV AND POLYPHARMACY (USE OF $\geq 5$ MEDICATIONS)**

**More likely in HIV-positive (vs. HIV-negative) people**

**Common among HIV-positive people who are >50 years old**

**Prescriptions for medications with DDIs or contraindications more likely for HIV-positive people who are >50 years old**

Gimeno-Gracia et al; HIV Clin Trials 2015; Holtzman et al; J Gen Intern Med 2013



# **DRUG-DRUG INTERACTIONS**

**HIV-positive people may be on many other medicines that interact with DAAs (statins, proton pump inhibitors, anti-depressants, cardiovascular drugs)—important to check them and discuss with your doctor**

**DAAs may interact with recreational drugs**

	SIM	DCV	SOF	SOF/ LDV	3D
Amphetamine	•	•	•	•	•
Cannabis	•	•	•	•	•
Cocaine	•	•	•	•	•
Diamorphine	•	•	•	•	•
Diazepam	•	•	•	•	•
Gamma-hydroxybutyrate	•	•	•	•	•
Ketamine	•	•	•	•	•
MDMA (ecstasy)	•	•	•	•	•
Methamphetamine	•	•	•	•	•
Phencyclidine (PCP)	•	•	•	•	•
Temazepam	•	•	•	•	•

# **DRUG-DRUG INTERACTIONS: DAAS & ART**

**Drug-drug interactions with HCV DAAs and ARVs (especially boosted protease inhibitors and efavirenz) may complicate HCV treatment**

**Certain ARVs are less likely to interact with DAAs (raltegravir, dolutegravir and most NRTIs)**

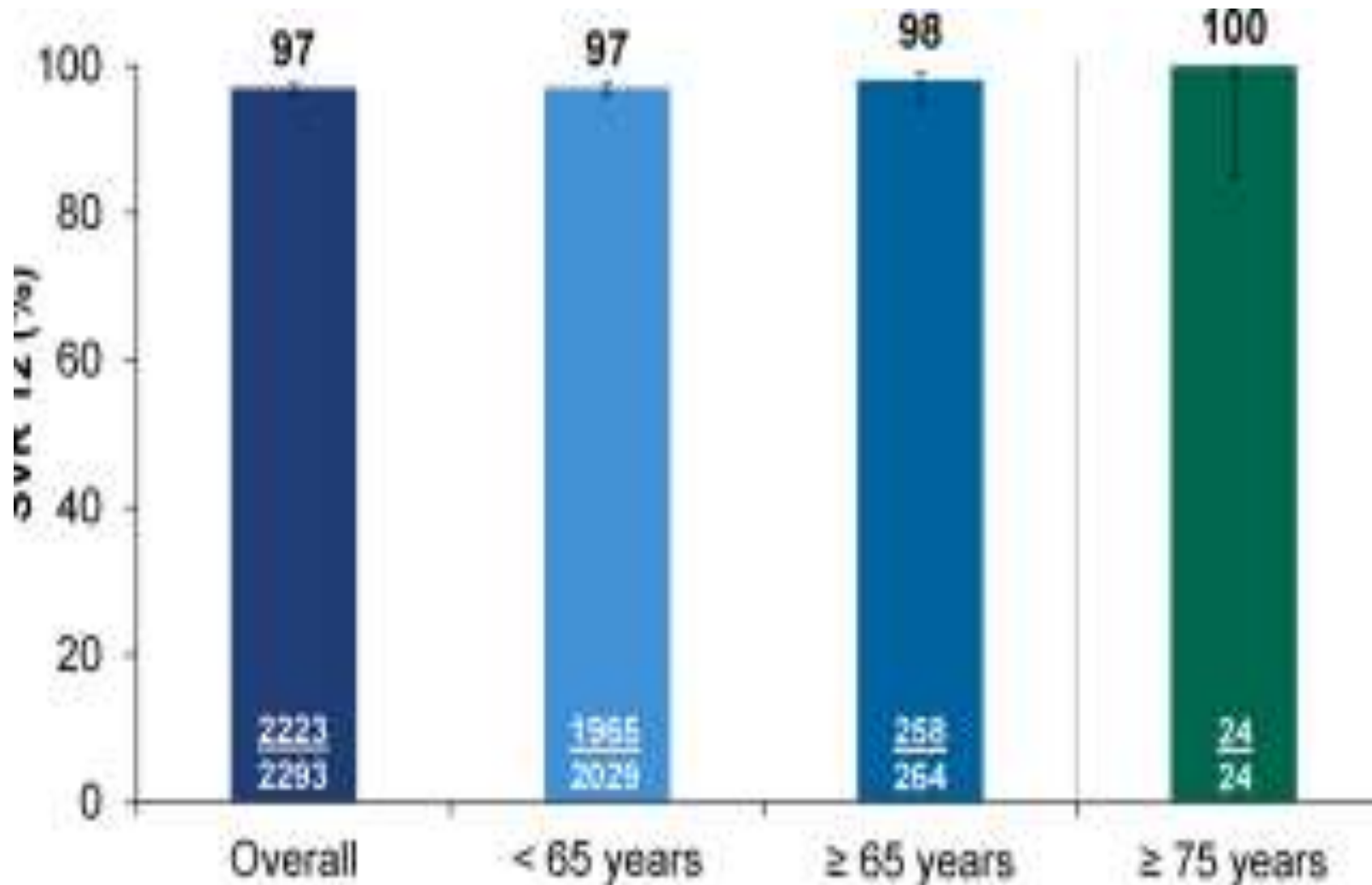
**This has implications for HIV and HCV treatment access**

		SIM	DCV	SOF	SOF/ LDV	3D
NRTIs	Abacavir	•	•	•	•	•
	Didanosine	•	•	•	•	•
	Emtricitabine	•	•	•	•	•
	Lamivudine	•	•	•	•	•
	Stavudine	•	•	•	•	•
	Tenofovir	•	•	•	•	•
	Zidovudine	•	•	•	•	•
NNRTIs	Efavirenz	•	•	•	•*	•
	Etravirine	•	•	•	•	•
	Nevirapine	•	•	•	•	•
	Rilpivirine	•	•	•	•*	•
Protease inhibitors	Atazanavir; atazanavir/ritonavir	•	•	•	•*	•
	Darunavir/ritonavir; darunavir/cobicistat	•	•	•	•*	•
	Fosamprenavir	•	•	•	•*	•
	Lopinavir	•	•	•	•*	•
	Saquinavir	•	•	•	•*	•
Entry/ Integrase inhibitors	Dolutegravir	•	•	•	•	•
	Elvitegravir/cobicistat	•	•	•	•*	•
	Maraviroc	•	•	•	•	•
	Raltegravir	•	•	•	•	•

# **SAFETY, EFFICACY AMONG OLDER PEOPLE IN HCV CLINICAL TRIALS (FROM DAA PRESCRIBING INFORMATION)**

- **DAKLINZA: 83 people (or 7%)  $\geq 65$  No difference in safety, effectiveness**
- **HARVONI : 264 people (or 12%)  $\geq 65$  No difference in safety, effectiveness (98% SVR, discontinuation rates similar across age groups) but more AEs from RBV in older people**
- **OLYSIO: did not include “sufficient numbers” to determine difference in response**

# HARVONI: SVR BY AGE



Saab et al; Hepatology 2016

# **SAFETY, EFFICACY AMONG OLDER PEOPLE IN HCV CLINICAL TRIALS (FROM DAA PRESCRIBING INFORMATION)**

- **VIEKIRA PAK: 174 (8.5%)  $\geq 65$   
No difference in safety, effectiveness**
- **SOVALDI : 90 people ( or 7.5%)  $\geq 65$   
No difference in effectiveness (safety not mentioned)**
- **ZEPATIER: 187 people (or 16%)  $\geq 65$  higher drug concentrations and risk of late ALT elevations (vs. within first 4 weeks of treatment)**

# **AVERAGE AGE IN HIV/HCV CLINICAL TRIALS**

**ION-4 (Harvoni) median age: 52 (48-58)**

**TURQUOISE-1 (Vikerax /Exviera) mean age: 50.9**

**ALLY-2 (Sovaldi and Daklinza): up to 75; median age varied by treatment group; 51 to 57**

**C-EDGE coinfection (Zepatier): average age 49**

Naggie et al; NEJM 2015; Rockstroh et al; AASLD 2015; Sulkowski et al; JAMA 2015; Wyles et al; NEJM 2015



# **ZEPATIER GRAZOPREVIR + ELBASVIR**

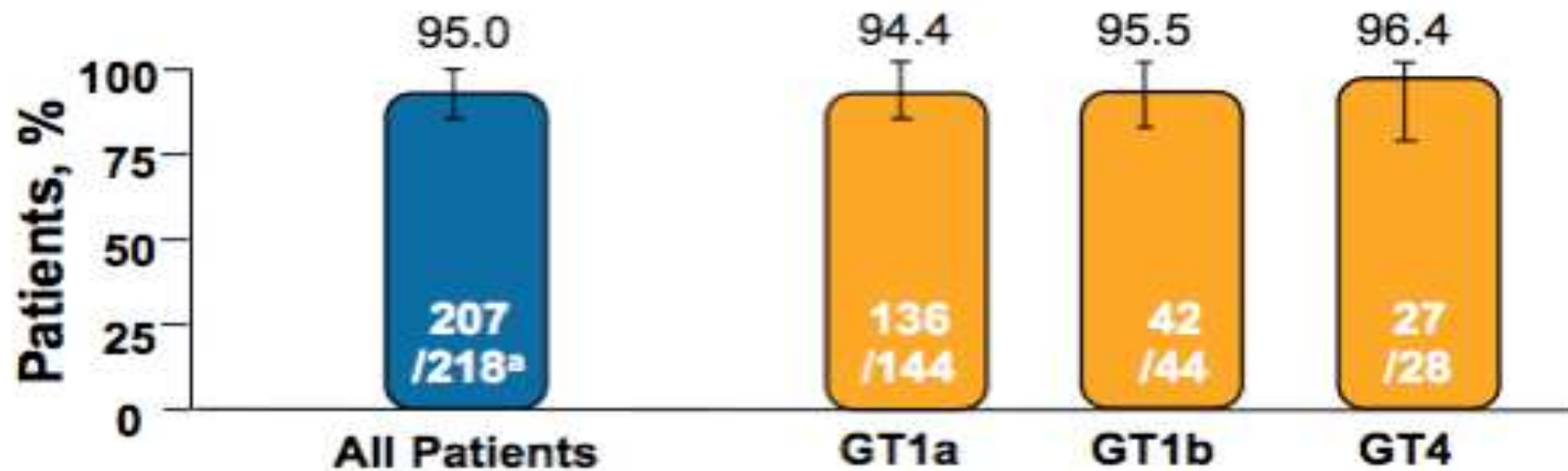
**FDA-approved for genotypes 1 and 4, for 12 or 16 weeks, with or without RBV**

**Subtyping needed; Baseline NS5A RAV testing recommended in G1A**

**Trials in HIV/HCV, people with renal impairment, treatment-experienced (with an HCV protease inhibitor), cirrhosis**

# C-EDGE COINFECTION: 12 WEEKS OF ZEPATIER, HIV/HCV G1 AND G4, HCV TREATMENT-NAÏVE

Figure 2. SVR12 (full analysis set).

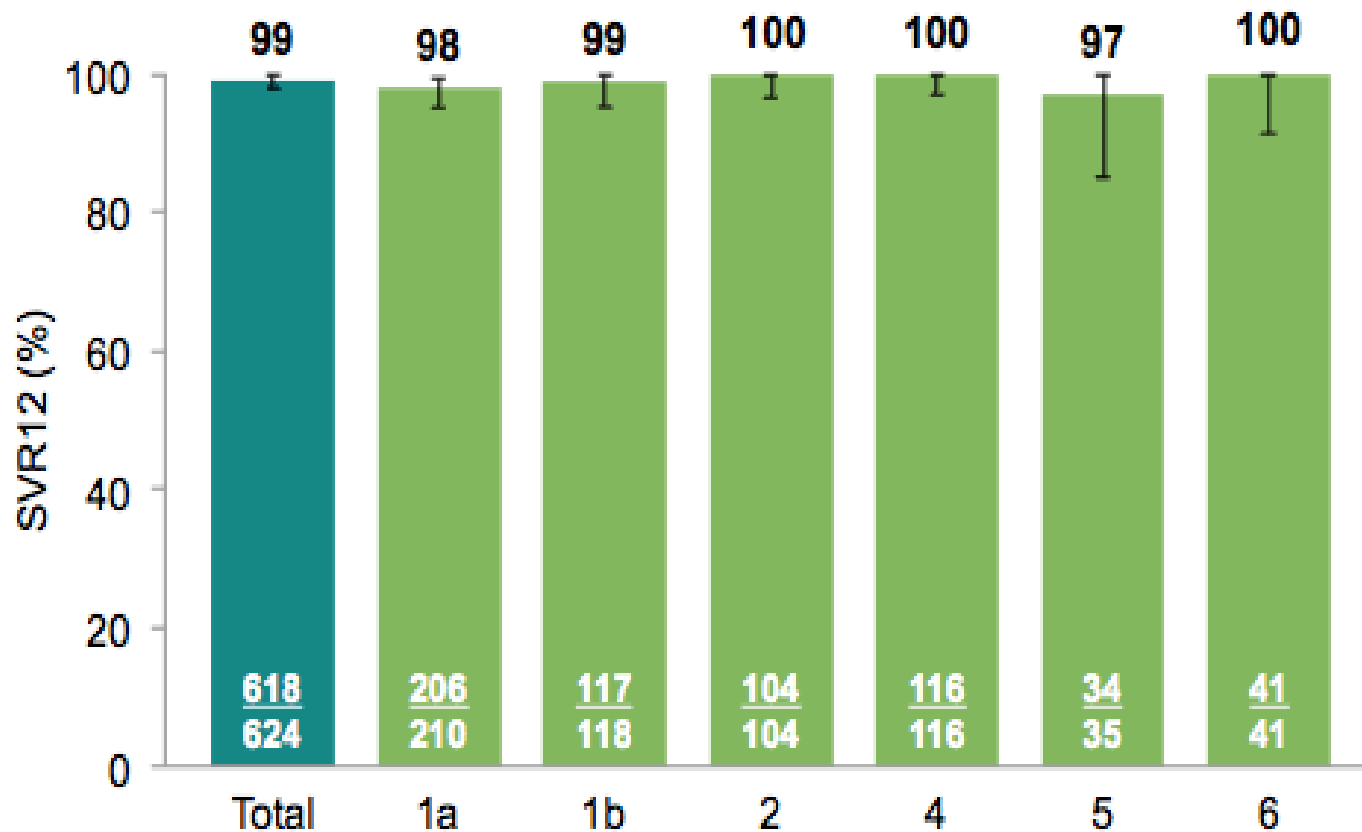


LTFU or discontinued unrelated to VF	4	3	1	0
Breakthrough	0	0	0	0
Relapse	6	4	1	1
Reinfection	1	1	0	0

ARVS: dolutegravir, raltegravir, rilpivirine

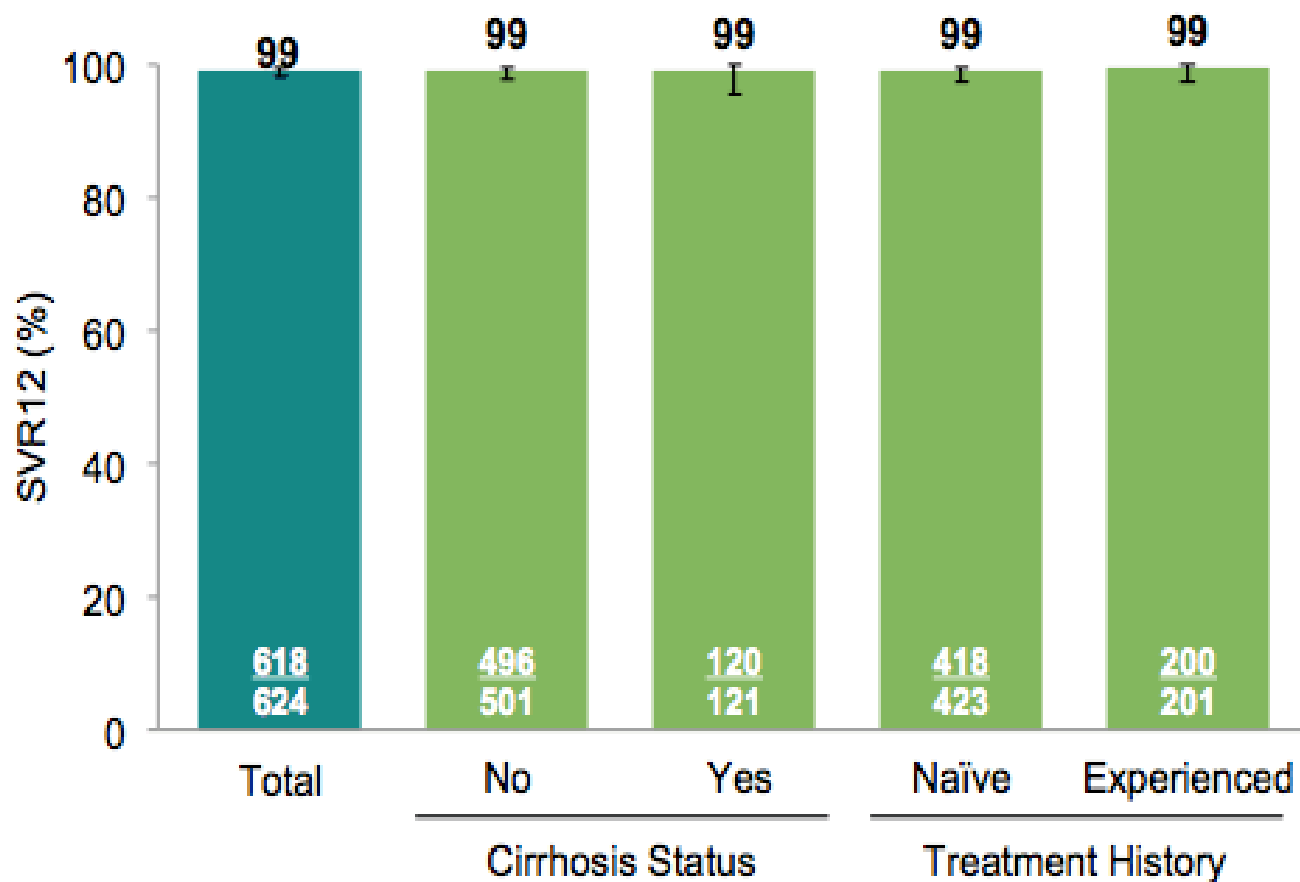
# ASTRAL-1: SOF + VELPATASVİR

## 12 WEEKS, GENOTYPES 1, 2, 4, 5, 6

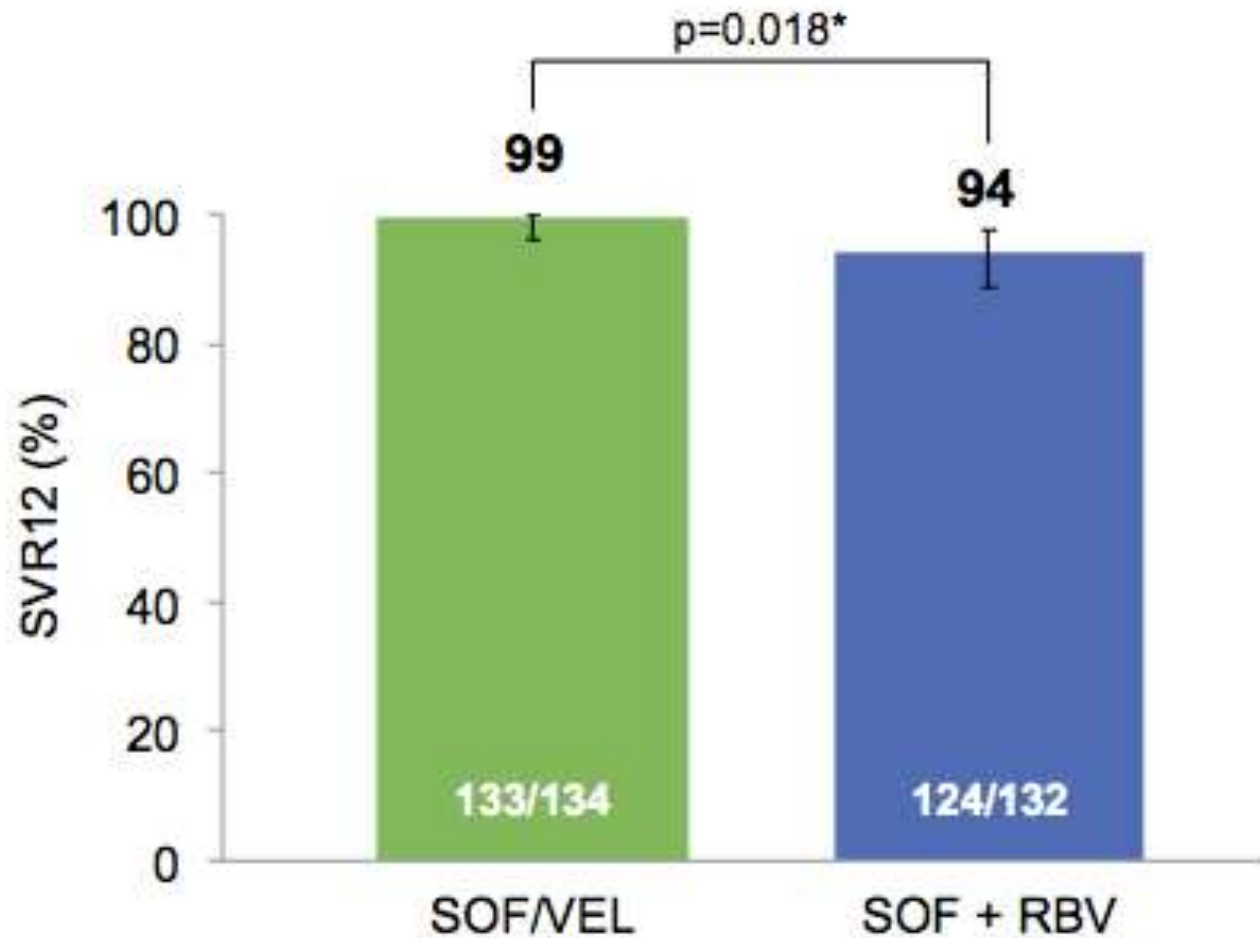


Feld et al; AASLD 2015

# ASTRAL-1: CURE RATES BY CIRRHOSIS AND TREATMENT HISTORY

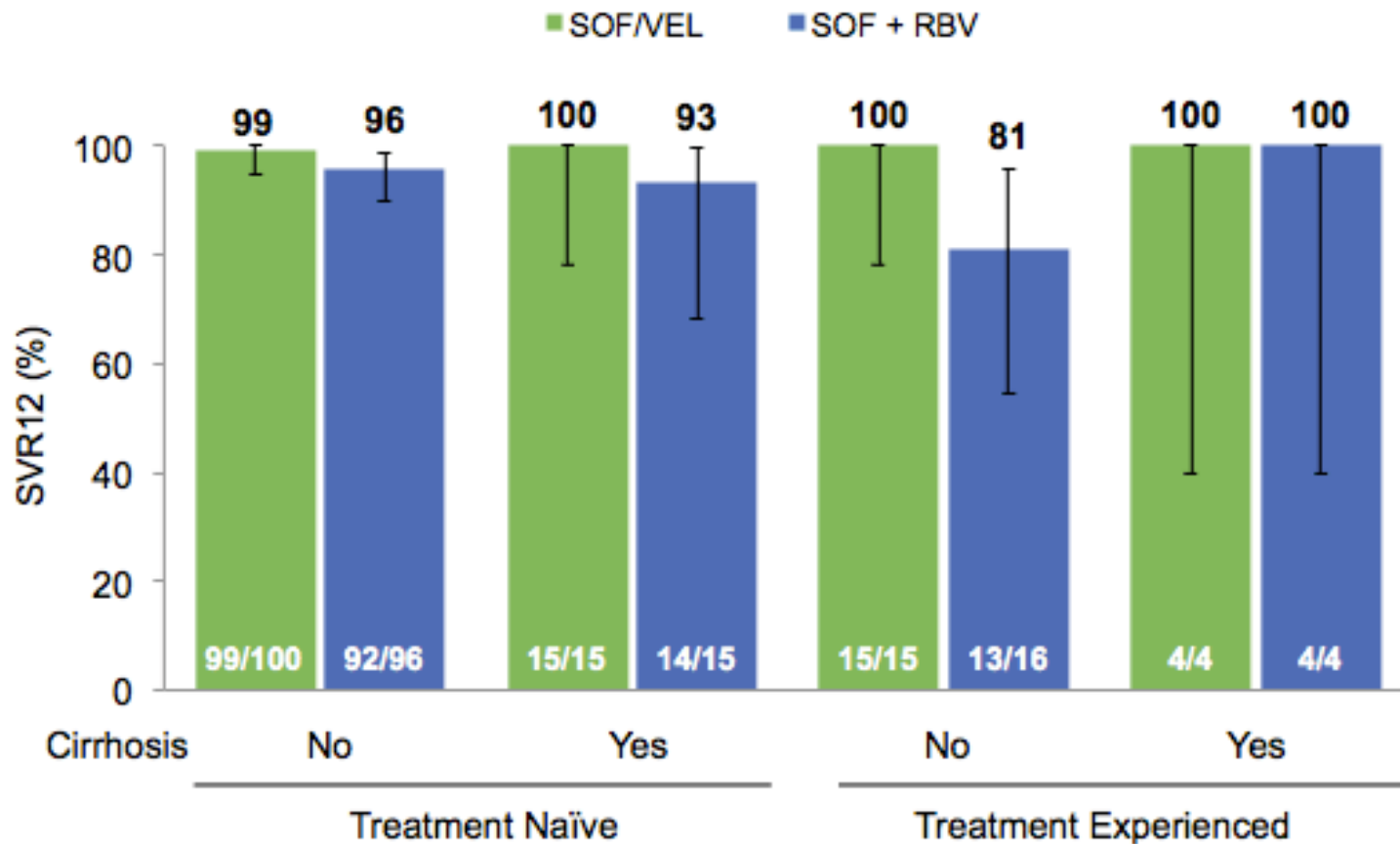


# ASTRAL-2: SOF + VELPATASVIR, 12 WEEKS VS. 24 WEEKS OF SOF/RBV, G2



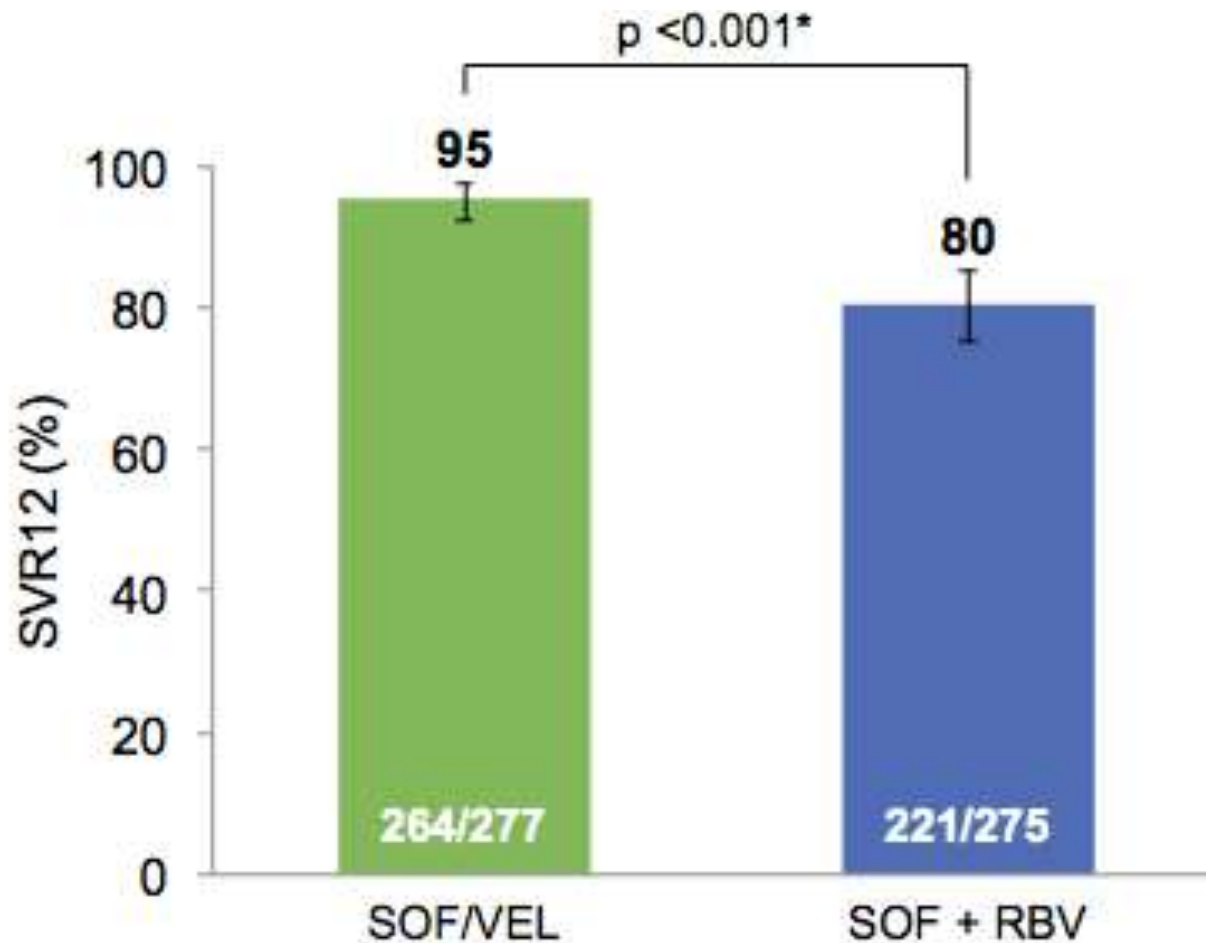
Sulkowski et al, AASLD 2015

# ASTRAL-2: CURE RATES BY CIRRHOSIS AND TREATMENT HISTORY



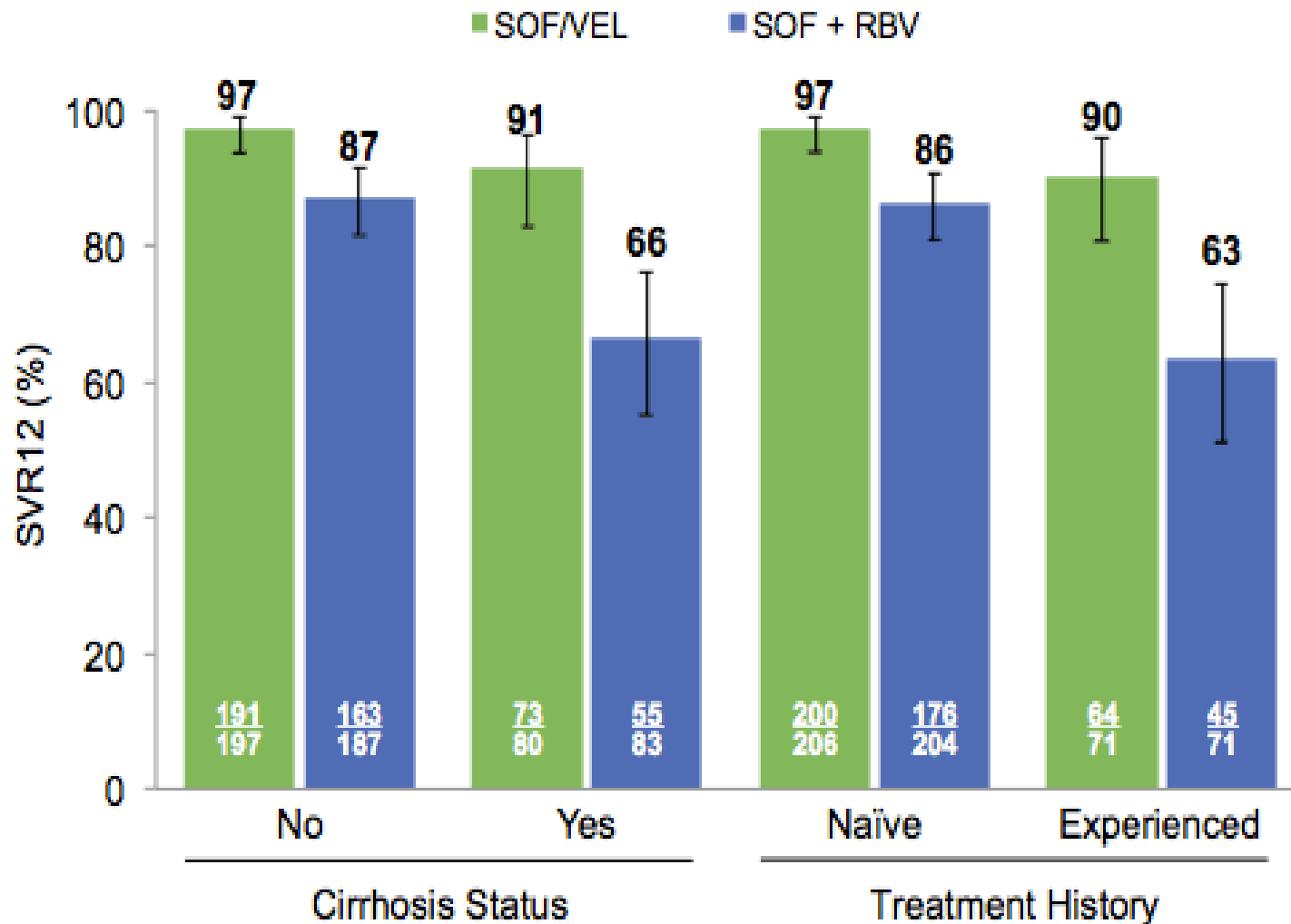
Sulkowski et al, AASLD 2015

# ASTRAL-3: SOF + VELAPTASVIR, G3 FOR 12 WEEKS VS. 24 WEEKS OF SOF + RBV



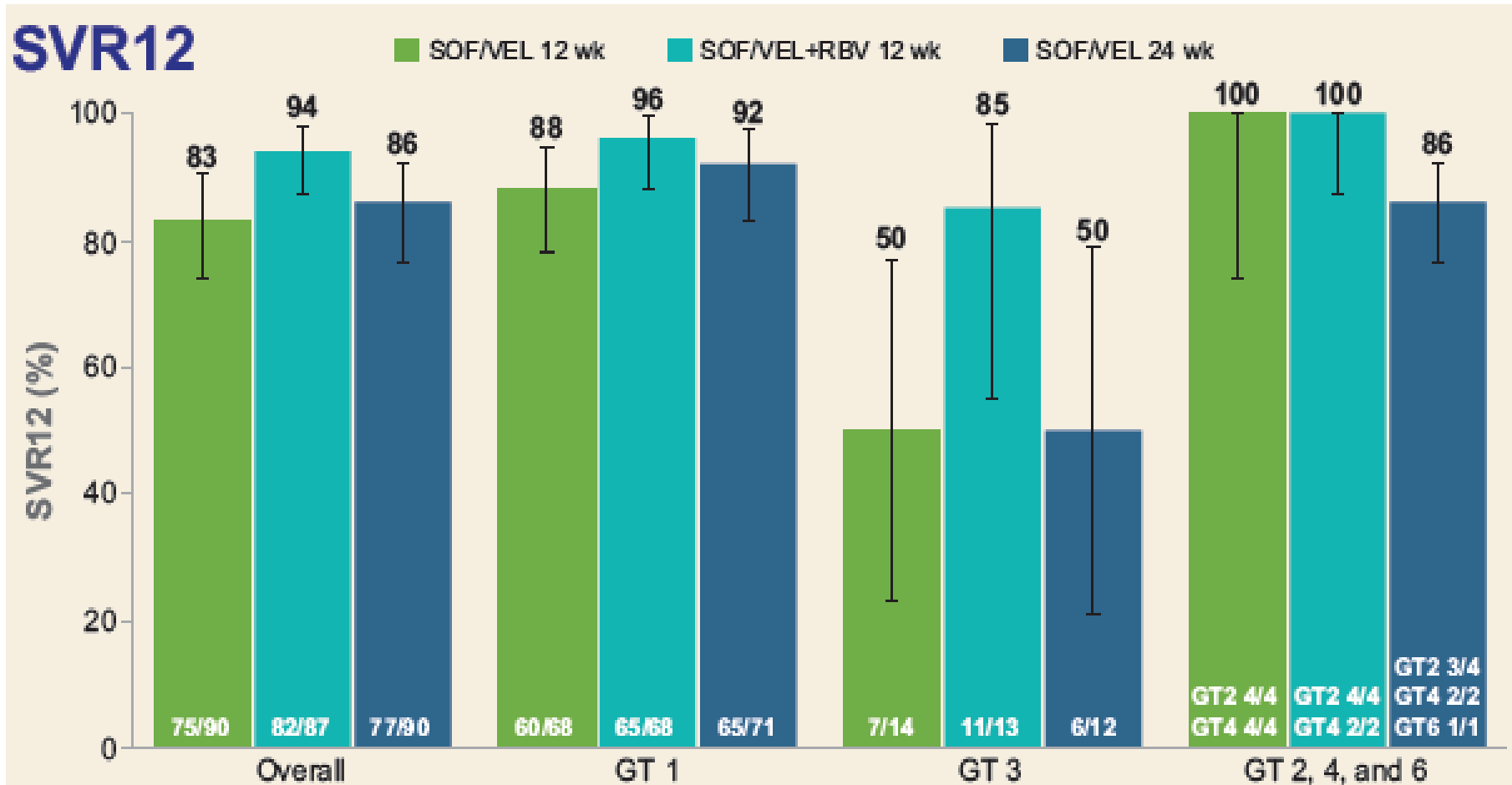
Mangia, et al; AASLD 2015

# ASTRAL-3: SOF + VELAPTASVIR, G3 FOR 12 WEEKS VS. 24 WEEKS OF SOF + RBV





# ASTRAL-4: SOF + VELPATASVIR FOR 12 WEEKS ( $\pm$ RBV) OR 24 WEEKS, IN DECOMPENSATED CIRRHOSIS



# **WHAT'S NEXT**

## **DOUBLES:**

**ABBVIE: NS5A + PROTEASE**

## **TRIPLETS:**

**MERCK: NS5A + PROTEASE +  
NUCLEOTIDE**

**GILEAD NS5A + PROTEASE + SOF**

**How much better can it get?**